



Trainer Certification Policy

Be Active Kids is an innovative, interactive physical activity, nutrition, and food safety curriculum for four and five year olds in North Carolina. We rely on our network of volunteer trainers (YOU) to help us disseminate the most current curriculum materials and provide professional 3-hr trainings to child care providers and teachers in North Carolina. This Trainer Certification Policy helps ensure that trainers continue to offer great training experiences and that providers continue to receive the most up-to-date curriculum materials available.

How To Become a Certified Be Active Kids Trainer

- ✓ You must be in a position that supports you as a volunteer Be Active Kids Trainer
 - i.e. Child Care Health Consultants, Health Educators, Community College Professors, Child Care Resource & Referral Agents, Cooperative Extension Agents, etc.
- ✓ You must attend a 5-hr Train-the-Trainer session, which will equip you with all of the information and materials you will need to conduct 3-hr provider trainings.

How to Maintain Your Certification

- ✓ You will hold ONE 3-hr provider training each year after your initial certification.
- ✓ You agree to read and adhere to all new Trainer Updates that you receive via email from the Be Active Kids Program Specialist.
- ✓ You will agree to offer the most current training and disseminate the most current kit materials at your trainings. Be Active Kids will notify you of any changes to the curriculum materials and/or training through the Trainer Update emails referenced above.
- ✓ You agree to notify the Be Active Kids Program Specialist of any changes in your contact information so that you are sure to receive pertinent, critical information.

Expired Certifications

If you attend a Train-the-Trainer session in the spring, your certification will expire June 30th of the next year if you are unable to hold ONE provider training within that time period. If you attend a Train-the-Trainer session in the fall, your certification will expire December 31st of the next year if you are unable to hold ONE provider training within that time period. If your certification expires, you become an “inactive” trainer, and must attend another Train-the-Trainer session to become certified and “active” again.