

BE ACTIVE KIDS®

Be Active

W	W	T	M	E	E	N	V	E	H	I	R	K	W	Q
Q	N	I	S	C	T	X	Q	X	U	U	P	C	E	Z
T	W	A	Z	N	S	J	W	E	N	U	W	I	L	O
S	H	T	I	H	W	S	T	R	O	P	S	K	C	C
C	K	R	G	W	E	K	J	C	Y	A	L	P	S	Q
V	E	C	O	S	A	S	O	I	K	E	J	V	U	E
I	O	H	U	W	T	L	U	S	M	L	E	S	M	B
G	T	O	X	D	U	W	K	E	G	K	T	E	K	O
R	W	Y	R	P	N	C	B	D	E	R	Q	C	J	O
H	H	C	T	O	C	M	H	D	E	F	T	Y	G	H
M	T	G	R	G	E	A	H	T	L	Y	A	U	D	Z
X	Y	L	V	P	Z	C	C	I	O	O	G	H	Y	T
T	I	D	A	M	X	H	P	I	A	O	N	X	Y	P
P	N	E	C	E	X	J	K	I	U	E	V	U	R	B
C	G	Z	R	S	H	O	E	S	B	A	L	L	F	P

BALL
CHASE
DUCK
EXERCISE
FLIP
FUN
HEALTH

HIT
KICK
MUSCLE
PLAY
RUN
SHOES
SPORTS

STRETCH
SWEAT
SWIM
TAG
THROW
WALK



® Registered Mark of the Blue Cross and Blue Shield Association.

Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross and Blue Shield Association.

© 2020 Blue Cross and Blue Shield of North Carolina Foundation. All Rights Reserved.

www.beactivekids.org

