

SHELTER in Place



Materials: (INSIDE) Blankets, sheets, pillows, clamps/clips, decorations, flashlights; (OUTSIDE) Sticks, tarps, sheets, duck tape, clamps/clips, rope, decorations, flashlights

Age: Whole family

Directions: Talk to your children about what shelter in place is and why we do it. Collect a variety of the materials above and use them to make a shelter or fort in places like under your kitchen table or in the living room using the couches. Stack items up for a foundation or use furniture. Then attach your sheets/blankets/tarps to create a ceiling. Use pillows to provide comfort on the ground and have the children decorate their new special, calming place.

Modifications: Take it outside and use your imagination to create elaborate forts, kingdoms, castles, and more. Use a flashlight when it gets dark for more fun.

FAMILY ENGAGEMENT