



PlayDaze  
can be anyday!

that celebrates the value of play by providing diverse play activities for toddlers to grandparents! At PlayDaze, we play for the sake of playing, are physically active, challenge individuals to be creative in mind and body, take risks, make individual choices, connect with family, friends, and community, and share in the joy of discovery and interaction.

**Who:** Churches, community organizations, preschools, childcare centers, schools, health departments

**When:** Any day can be a PlayDaze!

**Register:** [www.beactivekids.org/forms/playdaze](http://www.beactivekids.org/forms/playdaze)

**We need your  
help to get 25,000  
people playing!**

Play helps children to be physically active, relax, improve social skills and critical thinking, and have fun! North Carolina's PlayDaze is an organized event



**REGISTER**

[beactivekids.org/  
forms/playdaze](http://beactivekids.org/forms/playdaze)





## Types of Play at PlayDaze:

Bubbles, fort building, active games, cardboard creation, water play, sidewalk chalk, game creation, and loose parts play.

Visit [beactivekids.org](http://beactivekids.org) for a step-by-step PlayDaze Planner, posters, postcards, 10 Steps to PlayDaze, and much more.

[www.beactivekids.org](http://www.beactivekids.org)  
[facebook.com/beactivekids](https://facebook.com/beactivekids)  
[pinterest.com/beactivekidsnc](https://pinterest.com/beactivekidsnc)



Scan with your  
mobile device  
to register for  
PlayDaze!

