

Sample Books:

1. *A Ball for Daisy* by Chris Raschka
2. *Babar's Yoga for Elephants* by Laurent de Brunhoff
3. *Balancing Act* by Ellen Stoll Walsh
4. *Barnyard Dance* by Sandra Boynton
5. *Boing!* by Nick Bruel
6. *Born to Move* by Dianne Warren
7. *Bouncing* by Shirley Hughes
8. *Bouncing Time* by Patricia Hubbell
9. *Can You Cuddle Like a Koala* by John Butler
10. *Can You Make a Scary Face?* by Jan Thomas
11. *Catch the Ball* by Eric Carle
12. *Clap Your Hands* by Lorinda Bryan Cauley
13. *Clifford's Sports Day* by Norman Bridwell
14. *Curious George and the Pizza Party* by H. A. Rey, Margret Rey, and Alan J. Shalleck
15. *Dinosaurumpus* by Tony Mitton
16. *First Steps* by Lee Wardlaw and Julie Paschik
17. *Follow the Leader* by Erica Silverman
18. *Froggy Plays T-ball* by Jonathan London and Frank Remkiewicz
19. *From Head to Toe* by Eric Carle
20. *Giggly Wiggly Worms: A Wiggly Finger Puppet Book* by Neecy Twinem.
21. *Giraffes Can't Dance* by Giles Andreae
22. *Go, Dog. Go!* by P.D. Eastman
23. *Going on a Bear Hunt* by Helen Oxenbrug
24. *Hand, Hand, Fingers, Thumb* by Al Perkins and Eric Gurney
25. *Here are My Hands* by Bill Martin Jr. and John Archambault.
26. *Hokey Pokey: Another Prickly Love Story* by Lisa Wheeler
27. *How Do You Wokka-Wokka?* by Elizabeth Bluemle
28. *How to Catch a Star* by Oliver Jeffers
29. *I Went Walking* by Sue Williams
30. *Jump* by Scott Fischer
31. *Jump Like a Frog* by Kate Burns
32. *Little Yoga: A Toddler's First Book of Yoga* by Rebecca Whitford
33. *Look at Me* by Dianne Warren
34. *Me and My Amazing Body* by Joan Sweeney
35. *Move!* by Steve Jenkins and Robin Page
36. *My Very First Book of Motion* by Eric Carle
37. *Pete the Cat: I Love My White Shoes* by Eric Litwin
38. *Pete the Cat: Play Ball* by James Dean
39. *Quick as a Cricket* by Audrey Wood
40. *Rainy Day* by Patricia Lakin and Scott Nash
41. *Shake My Sillies Out* by Raffi and Allen Allender
42. *Spot Loves Sports* by Eric Hill
43. *The Animal Boogie* by Debbie Harter
44. *The Ants Go Marching* by Sandra D'Antonio
45. *The Bear Went Over the Mountain* by Rozanne Lanczak Williams
46. *The Bouncy Ball* by Hilda Cuervo and Alex Acayen
47. *The Little Engine that Could* by Watty Piper
48. *Toddlerobics* by Zita Newcome
49. *Tumble and Bumble* by Felicia Bond
50. *Wiggle* by Doreen Cronin

Tips for selecting books and stories that encourage movement:

- Look for sports related themes
- Look for books about the body and body parts
- Look for books with or about animals
- Look for books with transportation themes (buses, cars, trucks, bikes, etc)
- Look for books based on nature and being outdoors
- Select large size books with big print and a lot of pictures so all children can see
- Try and use projectors to have the story large enough for all to see and out of the way so that the adult can be active and modeling for the children
- Tell the story on multiple days; first read to the children, next do some movements while reading to the children, then act out the entire story
- Find stories with repetitive lines or phrases



Music that Moves...

1. YMCA
2. Hokey Pokey
3. Wheels on the Bus
4. Shake your Sillies Out
5. Ring Around the Roses
6. Penguin Salute
7. Sid Shuffle
8. Peanut Butter Jelly Time
9. Itsy Bitsy Spider
10. I Got a Feeling
11. If You're a Kid
12. Going on a Bear Hunt
13. I Like to Move It from Madagascar
14. Ice Cream and Cake
15. Disco Duck
16. I Walk the Dinosaur
17. Chicken Dance
18. The Twist
19. Twist and Shout
20. Macarena
21. My Whole Body Can Move
22. The Duck Song
23. Move to the Sounds
24. Bears Now Asleep
25. Shake and Move
26. Head Shoulders Knees and Toes
27. If You're Happy and You Know It
28. 5 Little Monkeys Jumping The Bed
29. The Gingerbread Man Song
30. Clap Your Hands
31. Stomp and Clap
32. Act it Out!!
33. Pop Goes the Weasel
34. Row, Row, Row Your Boat
35. Skidamarink
36. Move It!! To the Music
37. Pizza Dance
38. Peel Bananas Camp Song
39. The Crazy Frogs - The Ding Dong Song
40. London Bridge is Falling Down
41. Locomotion
42. Shout!
43. The Bunny Hop
44. Limbo Rock
45. Hot, Hot, Hot
46. Cha Cha Slide
47. The Train
48. Cupid Shuffle
49. Dalmatian Disco
50. Elephant Parade

