

BE ACTIVE KIDS® APPLYING KNOWLEDGE TO ACTION

APPLY

CHANGE

TEACH

NEEDS

(What do you need to be successful in your goals?)

Please refer to the Be Active Kids 10 Components to a Healthy Environment and/or Go NAPSACC Best Practices. Check out Be Active Kids' website www.beactivekids.org for materials and resources to help you achieve your goal!

Send in this **completed action plan** and **pictures or videos** that you have of you and/or your children working on this goal and you'll be eligible to win a Be Active Kids prize pack.

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