1. Do a push-up on the side of a tree
2. Hang off of lower branch
3. Climb it
4. Make a tire swing
5. Hang piñata from it – swing away
6. Hang a hoop for a target
7. Attach a ball to a string and tie it from a limb to practice hitting
8. Kick a soccer ball at it
9. Tie a rope to the trunk and turn it for a friend to jump
10. Try to push it over
11. Jump to touch its leaves or limbs
12. Build a tree house in it
13. Use it as “base” in a game of tag
14. Build fairy forts around it or in it
15. Put a sprinkler in the tree and dance around the tree in the mist
16. Do some pull-ups from a lower limb
17. Put the bottom of your foot against the tree and stretch
18. Paint the tree with mud or throw mud at the tree
19. Play chase with friends around the trunk of the tree
20. Hide things around the tree for a scavenger hunt
21. Connect a rope or slackline between two trees
22. Hang a rope swing
23. Do a handstand against the base of the tree
24. Swing sticks against the tree
25. Flip over a lower limb