20 Fun Mud Activities

1. Mud Run- Create an obstacle course for children to learn motor concepts such as over, under, high, etc.
2. Mud Bogging- Allow the children to explore the mud while riding a tricycle.
3. Muddy Slip’n Slide
4. Mud Puddle Jumping
5. Mud Construction- Provide the children with tools to create bricks and mortar, dig trenches, make a river bed, etc.
6. Mud Café- Anyone for mud pies or mud shakes!
7. Mud Sculptures
8. Mud Painting
9. Mud Pit- Using a baby pool filled with mud, allow the children to get in and explore the mud.
10. Mud Animals- Give the children the opportunity to get a little messy by acting like certain animals in the mud.
11. Mud Treasure Hunt- Create a list of items, then hide those items in the mud. The children will love digging for the hidden treasures.
12. Mud Tag- Moving in the mud will require children to use different muscles and experience different ways to reach their goal.
13. Mud Throwing- Hang a large canvas and have the children throw mud at it!
14. Mud Surfing- Place a large saucer shaped item in the middle of a mud puddle and see what happens!
15. Muddy Toes- Have the children take off their shoes and socks, turn on the music and allow them to dance and feel the mud between their toes!
16. Mud Angels
17. Muddy Buddy- See who can get the messiest!
18. Mud Simon Says- Stomp, slide, twist or walk!
19. Mud Soccer
20. Mud Sliding- Using a slide and a baby pool with mud, allow the children to slide into the pool of mud!