## 20 Fun Things You Can Do in the Mud

## **Mud Tools:**

- Shovels
- Mesh Bag
- Colander
- Buckets
- · Sand castle stuff
- Ice cube trays
- Funnel
- Large plastic or metal bowls
- Turkey baste
- · Ice cream scoop
- Plastic snake
- Treasure hunt items
- Popsicle sticks
- Sponges
- · Pot, pans and cooking tins
- · Cooking utensils
- Squeeze bottles
- Trucks
- · Animals/dinosaurs
- Molds
- Gardening tools

## 20 Fun Mud Activities

- Mud Run- Create an obstacle course for children to learn motor concepts such as over, under, high, etc.
- **2.** Mud Bogging- Allow the children to explore the mud while riding a tricycle.
- 3. Muddy Slip'N Slide
- 4. Mud Puddle Jumping
- Mud Construction- Provide the children with tools to create bricks and mortar, dig trenches, make a river bed, etc.
- 6. Mud Café- Anyone for mud pies or mud shakes!
- Mud Sculptures
- 8. Mud Painting
- Mud Pit- Using a baby pool filled with mud, allow the children to get in and explore the mud.
- **10.** Mud Animals- Give the children the opportunity to get a little messy by acting like certain animals in the mud.



- Mud Treasure Hunt- Create a list of items, then hide those items in the mud. The children will love digging for the hidden treasures.
- **12.** Mud Tag- Moving in the mud will require children to use different muscles and experience different ways to reach their goal.
- **13.** Mud Throwing- Hang a large canvas and have the children throw mud at it!
- **14.** Mud Surfing- Place a large saucer shaped item in the middle of a mud puddle and see what happens!
- **15.** Muddy Toes- Have the children take off their shoes and socks, turn on the music and allow them to dance and feel the mud between their toes!
- 16. Mud Angels
- 17. Muddy Buddy- See who can get the messiest!
- **18.** Mud Simon Says- Stomp, slide, twist or walk!
- 19. Mud Soccer
- **20.** Mud Sliding- Using a slide and a baby pool with mud, allow the children to slide into the pool of mud!







